**Realization Process Healing Ground**

**Online Teacher Certification Training**

**October 7, 2022 – April 14, 2023**

**With Judith Blackstone**

This training teaches the main Realization Process practices for embodied nondual awakening, and their application to personal maturity and psychological healing. Specific practices are taught for listening and responding to another person as fundamental consciousness, for subtle reading of constrictions and openness in one’s own and another person’s body, and for recognizing and releasing emotional wounds and trauma-based constrictions from the body.

The Realization Process practices can help people access a dimension of themselves that has never been injured, that is deeper and more subtle than even the most strongly held negative beliefs, depression and anxiety.  They also develop sensory and emotional resilience, grounding, self-possession, and self-acceptance.  They can help sensitive people live more comfortably in the world.

**Certification:**

Realization Process Healing Ground Teacher

**Format:**

12 classes live on Zoom with Judith Blackstone.  Fridays at 1:00-2:30 PM Eastern.  Dates (some may change): October 7, 21, November 4, 18, December 2, 16, 2022, February 3, 17, March 3, 17, 31, April 14, 2023.

6 optional review classes live on Zoom with Candace Cave.

Weekly practice with a partner assigned from within the training group.

Monthly practice with someone from outside of the training group.

Eleven brief written reports/questions responded to by Judith via email.

Optional cohort practice groups.

**Cost**: $1400 ($1000 if you are repeating the Healing Ground training)

**Requirements:**

1. At least two years of your own personal psychotherapy or eight sessions with a certified Realization Process Healing Ground teacher. It is important for this training that you are familiar with your psychological history.
2. If this is your first Realization Process teacher certification training, you must have at least 15 hours of prior experience of the Realization Process practices with Judith Blackstone or a senior Realization Process teacher in classes, workshops or private sessions (not a recording or a book).  Senior teachers are listed on the Senior Teachers page of this website.  If your RP teacher is not listed there, you may write to [info@realizationprocess.org](mailto:info@realizationprocess.org) to ask if your teacher qualifies to provide you with some or all of the fifteen hours.  Additionally, you need to do at least one session with a Realization Process Teacher Trainer or Assistant Teacher Trainer (listed on the Senior Teachers page) to demonstrate proficiency in the two main Realization Process practices: 1) Attunement to Fundamental Consciousness, 2) Core Breath.  That teacher should send an email to Judith [info@realizationprocess.org](mailto:info@realizationprocess.org) confirming that you have completed your session.
3. Access to your own psychotherapist, if needed. Judith Blackstone and the Realization Process teachers assisting with the training are not available to help people address painful memories and emotions that may arise as a result of the Healing Ground training.

**Registration Process:**

**To register, email your completed application to** [**info@realizationprocess.org**](mailto:info@realizationprocess.org)**. If your application is accepted, you will receive an invoice to pay the tuition of $1400. It will come from Paypal, but you may use any credit card. Your deposit is refundable, minus a $50 cancellation fee, if you cancel up to two weeks before the start of the training.**

**Application:**

Name:

Occupation:

Address (Street, City, State, Country):

Date of Birth:

Email:

Best Phone #:

1.     What drew you to this course at this time? What are your hopes and expectations for the teaching training?

2.     What is your personal background in psychotherapy, meditation, and/or embodiment modalities? List years of experience and psychotherapeutic modalities that you have experienced for your own personal growth.

3. How many years of your own psychotherapy have you experienced? How long ago? What type of psychotherapy?

4. What is your professional experience in psychotherapy, meditation, and/or embodiment modalities? What modalities have you practiced, and for how long?

5. What is your previous experience with the Realization Process? Please list classes, workshops, private sessions, and the name of the Realization Process teacher(s) you studied with.

6.     How did you learn about the Realization Process? RP workshops or trainings? Judith Blackstone’s talks or books? Sessions with an RP teacher? If so, include the name of the teacher.

7.    Do you anticipate offering private sessions, classes, workshops, or integrating the Realization Process Healing Ground practices with other modalities?

8.       The nature of this work sometimes puts us in touch with challenging memories and emotions. Is there anything in your personal history that might be helpful for us to know?

9.       Please add anything else that you feel is relevant to your participation in the training.

**Our Privacy Policy:**

Your privacy is important to us. We will not share your personal information with anyone.

**Principles of the Realization Process:**

* The Realization Process is a path to embodied nondual awakening and healing from trauma.
* Nondual realization is an actual transformation of your being, not just a change in your beliefs.
* Fundamental consciousness is experienced as your innermost nature.  As fundamental consciousness, you can more easily discern and release trauma-based holding patterns from the body and mind.
* Chronic fragmentations within your own being and between yourself and your environment can be healed by realizing fundamental consciousness.
* You can experience oneness with other people without being entangled with them, and without losing inward contact with yourself.
* The fundamental ground of your being has never been injured.
* You can find within your body an innate, ever-present source of equanimity and happiness.
* Even after you have stabilized in non-dual reality, you can continue to become increasingly open to the unity and transparency of your body and environment.

**Ethics:**

* Treat colleagues, clients, and students with respect and consideration at all times.
* Do not behave in any manner that may bring the Realization Process, its members, or the tradition or practice of the Realization Process into disrepute.
* Observe confidentiality of student/client information at all times.
* Do not harm or manipulate the student/client in any way or take advantage of them for the purpose of personal, monetary, social or sexual exploitation.

**Policies:**

* All personal information revealed by participants during the training is confidential and not to be shared outside of the group, including participants' contact information.
* You must obtain permission from Judith Blackstone if you wish to include any part of the Realization Process practices in any published written materials, website text or audio or video recordings, or scientific research.
* Authorization to give teacher trainings or to certify anyone in the Realization Process is restricted to Judith Blackstone and the Senior Teachers she has designated.
* If you plan to use the Realization Process Healing Ground practices in your professional work, alone or in combination with other modalities, please credit the practices as the Realization Process.

**Consent Agreement and Waiver of Liability:**

By typing my name below and submitting this application for the Realization Process Healing Ground Online Teacher Certification Training, I affirm that I am of sound mind and body. I take full responsibility for my participation in the training. I hereby release and waive Realization Process, LLC, Judith Blackstone and Realization Process teachers assisting with the Healing Ground training from any liability, claims and actions arising out of or related to injury or psychological distress sustained by me during my participation in the Realization Process Healing Ground training.

I have read and agree to abide by the statements of Ethics and the Policies above.

Name:

Date:

Please fill out and email to [info@realizationprocess.org](mailto:info@realizationprocess.org).