**Realization Process Meditation**

**Online Teacher Certification Training**

**October 2, 2020 – April 16, 2021**

**With Judith Blackstone**

This training includes the main Realization Process practices for embodied nondual awakening, as well as specific practices for cultivating the subtlety, openness, luminosity and steadiness of nondual realization. Sitting, standing and walking meditations will be taught as well as practices for relaxation, concentration, vitality, and clear, direct perception.  Subtle breath and energy practices will be taught for opening the subtle core of the body and for realizing oneself more completely as the pervasive expanse of fundamental consciousness.  Participants will learn how to perceive and help people overcome individual obstacles to nondual realization, and how to accelerate results in meditation practice for both beginning and advanced practitioners.

The training is also an opportunity to deepen your own realization of nondual, fundamental consciousness, through intensive practice of the Realization Process meditations.

**Requirement:**

You must experience the Realization Process practices in a class, workshop, or private sessions with Judith or a certified Realization Process teacher before registering for the training. Please check the Schedule of Events page of the website for Realization Process classes and workshops.

**Certification:**

Realization Process Meditation Teacher

**Format:**

12 classes live on Zoom with Judith Blackstone.  Fridays at 1:00-2:30 PM Eastern.  Dates (some may change): October 2, 16, 30, November 20, December 4, 18, February 5, 19, March 5, 19, April 2, 16

Weekly practice with a partner assigned from within the training group.

Monthly practice with someone from outside of the training group.

Eleven brief written reports/questions responded to by Judith via email.

**Cost**: $1350 ($950 if you are repeating the Realization Process Meditation Training)

**Registration Process:**

**To register, email your completed application to** **realizationctr@aol.com****. If your application is accepted, you will receive an invoice to pay the tuition of $1350. It will come from Paypal, but you may use any credit card. Your payment is refundable, minus a $50 cancellation fee, if you cancel before October 1, 2020. After that, it is non-refundable.**

**Application**

Name:

Occupation:

Address (Street, City, State, Country):

Date of Birth:

Email:

Best Phone #:

1.     What drew you to this course at this time? What are your hopes and expectations for the teaching training?

2.     What is your personal background in meditation and/or embodiment modalities? List years of experience and types of meditation you have practiced.

4. What is your professional experience in meditation and/or embodiment modalities?

5. What is your previous experience with the Realization Process?

6.     How did you learn about the Realization Process? RP workshops or trainings? Judith Blackstone’s talks or books? Sessions with an RP teacher? If so, include the name of the teacher.

7.    Do you anticipate offering private sessions, classes, workshops, or integrating the Realization Process Nondual Meditation practices with other modalities?

8.       The nature of this work sometimes puts us in touch with challenging memories and emotions. Is there anything in your personal history that might be helpful for us to know?

9.       Please add anything else that you feel is relevant to your participation in the training.

**Our Privacy Policy:**

Your privacy is important to us. We will not share your personal information with anyone.

**Principles of the Realization Process:**

* The Realization Process is a path to embodied nondual awakening.
* Nondual realization is an actual transformation of your being, not just a change in your beliefs.
* Fundamental consciousness is experienced as your innermost nature, pervading your body and environment as a unity.
* Chronic fragmentations within your own being and between yourself and your environment can be healed by realizing fundamental consciousness.
* You can experience oneness with other people without being entangled with them, and without losing inward contact with yourself.
* The fundamental ground of your being has never been injured.
* You can find within your body an innate, ever-present source of equanimity and happiness.
* Even after you have stabilized in non-dual reality, you can continue to become increasingly open to the unity and transparency of your body and environment.

**Ethics:**

* Treat colleagues, clients, and students with respect and consideration at all times.
* Do not behave in any manner that may bring the Realization Process, its members, or the tradition or practice of the Realization Process into disrepute.
* Observe confidentiality of student/client information at all times.
* Do not harm or manipulate the student/client in any way or take advantage of them for the purpose of personal, monetary, social or sexual exploitation.

**Policies:**

* All personal information revealed by participants during the training is confidential and not to be shared outside of the group, including participants' contact information.
* You must obtain permission from Judith Blackstone if you wish to include any part of the Realization Process practices in any published written materials, website text or audio or video recordings, or scientific research.
* Authorization to give teacher trainings or to certify anyone in the Realization Process is restricted to Judith Blackstone and the Senior Teachers she has designated.
* If you plan to use the Realization Process Meditation practices in your professional work, alone or in combination with other modalities, please credit the practices as the Realization Process.

**Consent Agreement and Waiver of Liability:**

By typing my name below and submitting this application for the Realization Process Meditation Online Teacher Certification Training, I affirm that I am of sound mind and body. I take full responsibility for my participation in the training. I hereby release and waive Realization Process, LLC, Judith Blackstone and Realization Process teachers assisting with the Realization Process Meditation training from any liability, claims and actions arising out of or related to injury or psychological distress sustained by me during my participation in the Realization Process Meditation training.

I have read and agree to abide by the statements of Ethics and the Policies above.

Name:

Date:

Please fill out and email to info@realizationprocess.org