**Realization Process Healing Ground**

**Online Teacher Certification Training**

**October 4, 2019 – April 17, 2020**

**With Judith Blackstone**

This training teaches the main Realization Process practices for embodied nondual awakening, and their application to personal maturity and psychological healing. Specific practices are taught for listening and responding to another person as fundamental consciousness, for subtle reading of constrictions and openness in one’s own and another person’s body, and for recognizing and releasing emotional wounds and trauma-based constrictions from the body.

The Realization Process practices can help people access a dimension of themselves that has never been injured, that is deeper and more subtle than even the most strongly held negative beliefs, depression and anxiety.  They also develop sensory and emotional resilience, grounding, self-possession, and self-acceptance.  They can help sensitive people live more comfortably in the world.

**Certification:**

Realization Process Healing Ground Teacher

**Format:**

12 classes live on Zoom with Judith.  Fridays at 1:00-2:30 PM Eastern.  Dates (some may change): October 4, 25, November 1, 22, December 6, 20, 2019, February 7, 21, March 6, 20, April 3, 17, 2020.

Weekly practice with a partner assigned from within the training group.

Monthly practice with someone from outside of the training group.

Twelve brief written reports/questions responded to by Judith via email.

**Cost**: $1350 ($950 if you are repeating the Healing Ground, or Spiritual Psychotherapy training)

**Requirements:**

At least eight sessions with a certified Realization Process Healing Ground (Spiritual Psychotherapy) teacher, or two years of your personal psychotherapy. Access to your own psychotherapist, if needed.

**Registration Process:**

**To register, email your completed application to** [**realizationctr@aol.com**](mailto:realizationctr@aol.com)**. If your application is accepted, you will receive an invoice to pay the tuition of $1350. It will come from Paypal, but you may use any credit card. Your deposit is refundable, minus a $50 cancellation fee, if you cancel up to two weeks before the start of the training.**

**Application:**

Name:

Occupation:

Address:

Email:

Best Phone #:

1.     What drew you to this course at this time? What are your hopes and expectations for the teaching training?

2.     What is your personal background in psychotherapy, meditation, and/or embodiment modalities? List years of experience and psychotherapeutic modalities that you have experienced for your own personal growth.

3. How many years of your own psychotherapy have you experienced? How long ago? What type of psychotherapy?

4. What is your professional experience in psychotherapy, meditation, and/or embodiment modalities? What modalities have you practiced, and for how long?

5. What is your previous experience with the Realization Process?

6.     How did you learn about the Realization Process? RP workshops or trainings? Judith Blackstone’s talks or books? Sessions with an RP teacher? If so, include the name of the teacher.

7.    Do you anticipate offering private sessions, classes, workshops, or integrating the Realization Process Healing Ground practices with other modalities?

8.       The nature of this work sometimes puts us in touch with challenging memories and emotions. Is there anything in your personal history that might be helpful for us to know?

9.       Please add anything else that you feel is relevant to your participation in the training.

**Our Privacy Policy:**

Your privacy is important to us. We will not share your personal information with anyone.

**Principles of the Realization Process:**

* The Realization Process is a path to embodied nondual awakening and healing from trauma.
* Nondual realization is an actual transformation of your being, not just a change in your beliefs.
* Fundamental consciousness is experienced as your innermost nature.  As fundamental consciousness, you can more easily discern and release trauma-based holding patterns from the body and mind.
* Chronic fragmentations in your own being and between yourself and your environment can be healed.
* You can experience oneness with other people without being entangled with them, and without losing inward contact with yourself.
* The fundamental ground of your being has never been injured.
* You can find within your body an innate, ever-present source of equanimity and happiness.
* We teach the path that we are traveling. Even after you have stabilized in non-dual reality, you can continue to become increasingly open to the unity and transparency of your body and environment.

**Ethics:**

* Treat colleagues, clients, and students with respect and consideration at all times.
* Do not behave in any manner that may bring the Realization Process, its members, or the tradition or practice of the Realization Process into disrepute.
* Observe confidentiality of student/client information at all times.
* Do not harm or manipulate the student/client in any way or take advantage of them for the purpose of personal, monetary, social or sexual exploitation.

**Guidelines:**

* All personal information revealed by participants during the training is confidential and not to be shared outside of the group, including participants' contact information.
* You must obtain permission from Judith Blackstone if you wish to include any part of the Realization Process practices in any published written materials, website text or audio or video recordings, or scientific research.
* Authorization to give teacher trainings or to certify anyone in the Realization Process is restricted to Judith Blackstone and the Senior Teachers she has designated.
* If you plan to use the Realization Process Healing Ground practices in your professional work, alone or in combination with other modalities, please credit the practices as the Realization Process.

**Consent Agreement:**

By typing my name below and submitting this application for the Realization Process Healing Ground Teacher Certification Training, I affirm that I am of sound mind and body. I take responsibility for my participation in the training. I have read and agree to abide by the statements of Ethics and the Guidelines above.

Name:

Date:

Please fill out and email to realizationctr@aol.com.